Coverage for: Individual + Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-833-590-3300 (TTY 711). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-833-590-3300 (TTY 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In Network: \$9,200/Individual, \$18,400/Family Out of Network: Not Covered	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care/screening</u> /immunization do not apply toward the <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$9,200/Individual, \$18,400/Family Out of Network: Not Covered	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>balance-billing</u> charges, penalties for failure to obtain <u>preauthorization</u> for services and health care this <u>plan</u> does not cover.	Even though you pay these expenses they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www.amerihealthcaritasnext.com/de/ or call 1-833-590-3300 (TTY 711) for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness.	No Charge	Not Covered	None	
If you visit a health care	Specialist visit	No Charge	Not Covered	None	
provider's office or clinic	Preventive care/screening/immunizati on	No Charge, <u>Deductible</u> does not apply	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	X-ray: No Charge Blood work: No Charge	X-ray: Not Covered Blood work: Not Covered	None	
	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
	Generic drugs	No Charge	Not Covered	Prior authorization / step therapy may	
If you need drugs to treat your illness or condition	Preferred brand drugs	No Charge	Not Covered	be required. Covers up to a 90-day supply for retail and mail order	
More information about	Non-preferred brand drugs	No Charge	Not Covered	prescriptions. Cost share shown is per	
is available at https://client.formularynavigator.com/Search.aspx?siteCode=7975714060	Specialty drugs	No Charge	Not Covered	retail prescription per 30-day supply. Mail order cost share is the same as retail prescription. Mail order and retail cost share is 1 copayment for a 1-30 day supply, 2 copayments for a 31-60 day supply, and 3 copayments for a 61-90 day supply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
	Physician/surgeon fees	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://www.amerihealthcaritasnext.com/assets/pdf/de/member/2025/forms/evidence-of-coverage.pdf

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Important Information	
	Emergency room care	No Charge	No Charge	You pay the same level as in-network if it is an emergency as defined in your policy, otherwise not covered.	
If you need immediate	Emergency medical transportation	No Charge No Charge		None	
medical attention	<u>Urgent care</u>	No Charge	No Charge	Out-of-network <u>Urgent Care</u> services are covered when <u>network providers</u> are temporarily unavailable or inaccessible and if the services are for an urgent condition as defined in your <u>plan</u> policy, otherwise not covered.	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
	Physician/surgeon fees	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
	Inpatient services	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
If you are pregnant	Office visits	No Charge, <u>Deductible</u> does not apply	Not Covered	Prior authorization may be required. Cost sharing does not apply for preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	No Charge	Not Covered		
	Childbirth/delivery facility services	No Charge	Not Covered		
	Home health care	No Charge	Not Covered	Prior authorization may be required. 100 visits per benefit period	

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Common	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event		In Network (You will pay the least)	Out of Network (You will pay the most)		
If you need help recovering or have other special health needs	Rehabilitation services	No Charge	Not Covered	Prior authorization may be required. Combined limit of 30 visits per benefit period for Rehabilitative Physical Therapy and Occupational Therapy; 30 visits per benefit period for Rehabilitative Speech Therapy. Physical therapy visits for the treatment of back pain are not subject to these limits.	
	<u>Habilitation services</u>	No Charge	Not Covered	Prior authorization may be required. Combined limit of 30 visits per benefit period for Habilitative Physical Therapy and Occupational Therapy; 30 visits per benefit period for Habilitative Speech Therapy. Physical therapy visits for the treatment of back pain are not subject to these limits.	
	Skilled nursing care	No Charge	Not Covered	Prior authorization may be required. 120 days per admission	
	<u>Durable medical</u> <u>equipment</u>	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
	Hospice services	No Charge	Not Covered	Prior authorization may be required. Covered no limit.	
	Children's eye exam	No Charge	Not Covered	1 exam per benefit period	
If your child needs dental or eye care	Children's glasses	No Charge	Not Covered	1 pair of children's eye glasses (with standard frames and lenses) or contact lenses per benefit period	
	Children's dental check-up	Not Covered	Not Covered	None	

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when Dental care (Adult) life of mother is endangered).

Weight loss programs

Acupuncture

Long-term care

Cosmetic surgery

Routine eye care (Adult)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

- Hearing aids 1 wearable item per impaired ear per Private-duty nursing 240 hours per benefit period 3 years
- Chiropractic care Up to 3 modalities per visit maximum of one visit per day.
- Infertility treatment 6 procedures per lifetime
- Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov, or Delaware Department of Insurance, 1351 W. North Street, Suite 101, Dover, DE 19904, Phone: 1-302-674-7300. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: visit www.HealthCare.gov or call 1-800-318-2596.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-590-3300.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-590-3300.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-590-3300.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-590-3300.

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ro see examples of now this <u>plan</u> might cover costs for a sample medical situation, see the next section.
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About these Coverage Examples:



The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal c delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The plan's overall deductible Specialist Hospital (facility) Other 	\$9,200 \$0 \$0 \$0	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> Hospital (facility) Other 	\$9,200 \$0 \$0 \$0	 The plan's overall deductible Specialist Hospital (facility) Other 	
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$9,200	<u>Deductibles</u>	\$5,300	<u>Deductibles</u>	\$2,800
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions \$	

The total Joe would pay is

\$9,200

\$2,800

The total Mia would pay is